



COACH EDUCATION PROGRAMME 2009-10

**A Guide to Applying for the England &
Wales Cricket Board (ECB) Coaching
Qualifications.**

In association with



Thank you for expressing an interest in the England & Wales Cricket Board (ECB) Coaching Qualifications.

Producing better coaches in order to produce better players is a major objective for the ECB and we are keen to do all that we can to ensure your first experience of cricket coach education is as enjoyable as possible.

As an aspiring coach, your welfare and development is a primary concern for us and we are keen that you select the most appropriate course for your own needs.

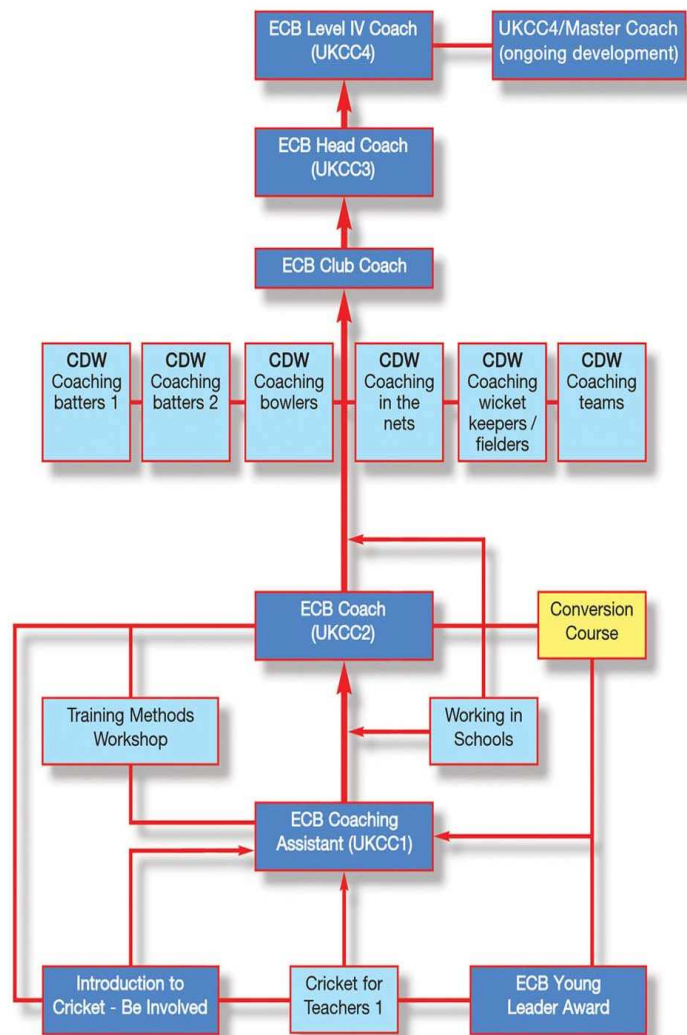
The ECB coaching philosophy relates to all of our courses and consists of the following:-

Good coaching is about:

- Coaching people not just cricket
- Helping people to grow and develop
- Being open and accessible to all
- Providing a safe and fun environment in which people, particularly children and young people, can enjoy their first experience of cricket, gain some success and be motivated to want to go on playing.

The diagram on the next page shows the coaching pathway through the different levels of the ECB Coach Education process.

ECB Coaching Pathway



Coaching Assistant Qualification (UKCC 1) - Course Overview

Minimum age for attendance on course—16 years old
Minimum age for certification—16 years old

The course is aimed at beginner coaches who will be able to 'assist more qualified coaches, delivering aspects of coaching sessions, normally under direct supervision'. This role may include running warm-ups, cool-downs, small-sided games and small group work. The course is essentially designed for parents and volunteers starting on the coaching pathway.

The course will help coaches prepare for, deliver and review cricket coaching sessions. It will enable them to:

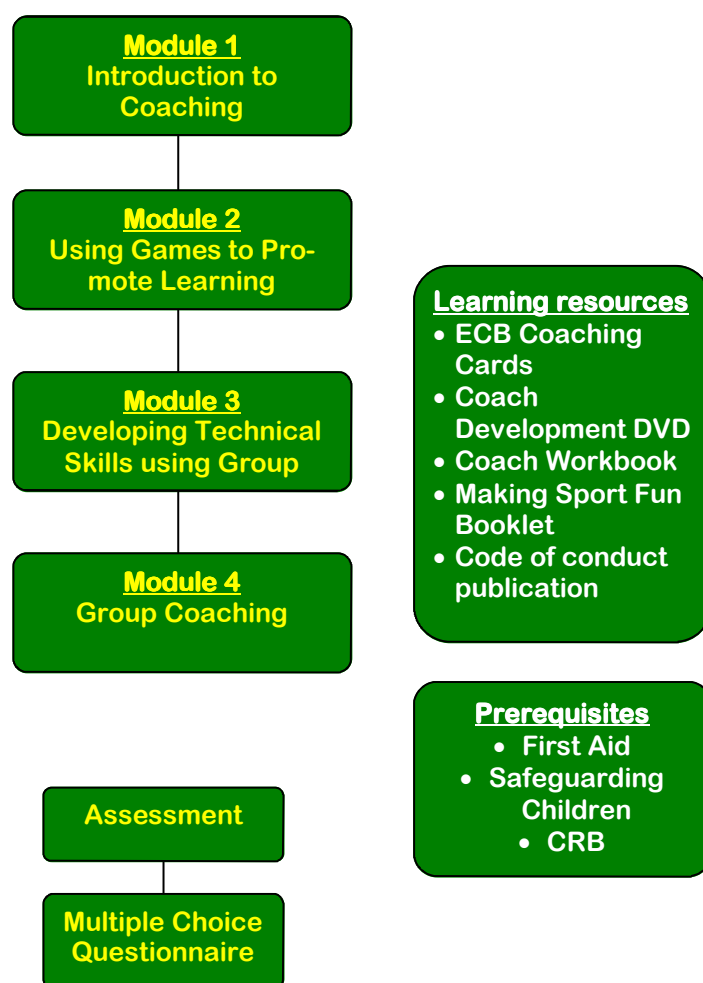
- Introduce and develop the game of cricket to people of all ages in a safe and enjoyable way
- Develop and improve players (as people as well as cricketers)
- Develop coaching skills knowledge and qualities
- Demonstrate competence against UKCC/National standards for coaches.

The programme consists of 4 x 3 hour modules and a final assessment and is outlined opposite.

Prerequisites: First aid, Safeguarding & Protecting Children, CRB
Course Costs: £220 which includes the cost of the first aid and safeguarding courses.



Coaching Assistant Course Outline



ECB Coach (UKCC 2)

Minimum age for attendance on course—18 years old

Minimum age for certification—18 years old

The level 2 course will be suitable for you if you have played cricket and have knowledge of some of the laws and techniques involved in playing the game.

The ECB Coach course is designed to help you 'prepare for, deliver and review cricket coaching sessions'. This role may include:-

- Planning coaching sessions
- Leading coaching sessions on developing players' techniques
- Running games to promote learning
- Developing ways of improving players' fitness and concentration
- Managing net practice

Course Requirements

- 8 x 3 hour modules. These are usually delivered on 4 days over a 4-week period.
- Practical coaching assessment
- Multiple Choice questionnaire
- Supported Coaching Practice—this requires the coach to be able to work in a coaching environment and deliver a series of coaching sessions. This may be in a club or school environment that may be provided by county boards in cases where coaches have no existing options. Coaches should be able to be supervised by a more qualified coach whilst doing their supported practice. This will give you an opportunity to develop your coaching skills 'out in the field'.

We will provide you with a variety of resources to support your learning and enable you to fulfil the role of the ECB coach. These will include coaching cards, a DVD and a workbook. Coaches will also be given a logbook to help them with their coaching practice out in the field.

Prerequisites: First aid, Safeguarding & Protecting Children, CRB

Course Costs: £290

Application forms (via website) with cheques payable to 'Staffordshire Cricket Board' should be sent to Mr Stephen Walker—contact details on back page. Once a place has been secured on any course no refunds will be given.



ECB Club Coach Award

The ECB Club Coach qualification is designed for coaches working in club and school environments who have access and responsibility for the development of players in addition to improving and driving forward their coaching skills.

The prerequisites for coaches wishing to attend a Club Coach Assessment Day are:

- Attendance at all 6 ECB Coach Development Workshops
- ECB Level II coaches wishing to do the Club Coach qualification do not have to attend all the CDWs but may decide to attend specific workshops as a way of preparing for the Club Coach assessment. (Note: The assessment is focused on the skills and knowledge within the 6 CDWs)
- An ECB Coach (UKCC2) qualification or an ECB Level II qualification
- ECB Coaches Association Membership (the benefits of membership are numerous and include insurance cover as well as being able to access top quality coaching resources that supplement information delivered through the Coach Development Workshops. Please refer to www.ecbca.co.uk for more details of membership benefits.)
- An ECB CRB clearance
- A current GPCP / Safeguarding & Protecting Children certificate
- A current and recognised First Aid qualification

Qualification Details:

The assessment will be based upon information delivered in the Coach Development Workshops and a Club Coach Information Booklet containing additional information specific to the Club Coach role which will be sent to coaches before their assessment day.

Coaches will be assessed on their ability to observe and analyse players through video analysis. They will also be assessed on how well they are able to work with a small group of players on tactical development in a net situation.

During this net session, they will be assessed on their ability to apply information shared through the workshops. This includes communication skills and the ability to observe and analyse player performance in practice scenarios.

Course cost: £90



Coach Development Workshops

The primary target audience for the new Coach Development Workshops are coaches who have attended the new UKCC2 course. These workshops are designed to act as “stepping stones” for individuals who wish to work towards attending either the UKCC3 course or the Club Coach Course (available from September 2007).

Coaches can also access these as CPD (Continual Professional Development). A certificate of attendance will be issued for each workshop attended.

Holding a CRB, a valid First Aid Certificate and a Safeguarding and Protecting Children Certificate is a pre-requisite for attending the workshops.

These workshops will include content similar to the previous ECB Level II course but new developments have meant that we can include some updated information that we feel is valuable for coaches at this level.

These workshops will be three hours in duration and cost £30 each.

Content of CDWs:-

<p>CDW 1 – Developing Batters Revision of key principles Pre-delivery movements Additional shots Drills Coaching opportunities</p>	<p>CDW 2 – Using video when working with batters Practical use of video Reinforcement of technical information Highlighting strengths in players Addressing problems Tactical considerations</p>
<p>CDW 3 – Working with bowlers and using video cameras Practical use of cameras Revision of key principles Observation and analysis practice Drills Seam and spin variations Tactical considerations</p>	<p>CDW 4 – Working in the Nets Purposes of nets Advantages and disadvantages Revision of net management Practical coaching opportunity Net variations Using bowling machines</p>
<p>CDW 5 – Working with Wicket Keepers and Fielders Additional keeping techniques Practical coaching practice Using drills with keepers Additional fielding techniques What makes a good fielding drill?</p>	<p>CDW 6 – Coaching a Team Pre-match preparation Role of coach during match Post match work Using games in training Planning club nights</p>



<u>Level 1 (Asst coach)</u>	<u>Dates</u>	<u>Time</u>	<u>Notes</u>
Stafford Grammar School	31st Oct 2009 1st Nov 2009 8th Nov 2009	10am-5pm All days	Female only course
Shobnall Leisure Complex, Burton	5th Dec 2009 6th Dec 2009 13th Dec 2009	10am-5pm All days	Open
Wolverhampton Girls' School	14th Jan 2010 21st Jan 2010 28th Jan 2010 4th Feb 2010 11th Feb 2010 25th Feb 2010	6pm-10pm All days	Open
Stafford Grammar School	13th Feb 2010 14th Feb 2010 21st Feb 2010	10am-5pm All days	Open
Oldbury Sports College	6th Mar 2010 7th Mar 2010 14t Mar 2010	10am-5pm All days	Open
<u>Level 2 Coach Award</u>			
Stafford Grammar School	14th, 15th, 22nd & 29th Nov 2009	10am-5pm All days	Assessment date TBC
Stafford Grammar School	5th, 6th, 12th & 19th Dec 2009	10am-5pm All days	Assessment date TBC
Shobnall Leisure Complex, Burton	9th,10th,16th & 23nd Jan 2010	10am-5pm All days	Assessment date TBC
Stafford Grammar School	27th & 28th Mar 3rd & 10th Apr 2010	10am-5pm All days	Assessment date TBC
<u>Coach Dev Workshops</u>			
All at Stafford Grammar	12th Oct 2009	6.30pm-9.30pm	Batters 1
	9th Nov 2009	6.30pm-9.30pm	Video Batters
	14th Dec 2009	6.30pm-9.30pm	Video Bowlers
	16th Jan 2010	2pm-5pm	Fielding & Wtkpg
	13th Feb 2010	2pm-5pm	Team preparation
	13th Mar 2010	2pm-5pm	Net coaching
<u>Club Coach Award</u>			
Stafford Grammar	7th Oct 2009	6.30pm-9.30pm	Induction
Stafford Grammar	17th Oct 2009	10am-5pm	Assessment





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